



Fair, safe and productive workplaces

#### Labour











## Being Inclusive: concrete ways to change our behaviours

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#### What we'll do this afternoon

- Get to know each other a little better
- Drawing on the latest literature and research, learn some practical things to strengthen inclusivity at work
- Provide tools for enhancing everyday practice

#### Diversity and Inclusion: the basics

Diversity is a fact

Inclusivity is an ethical choice

#### **Getting Acquainted: Inclusion**

When it comes to inclusion, are you...

- 1. An expert?
- 2. An explorer?
- 3. A dabbler?
- 4. A part-time promoter?
- 5. A sceptic?

## Getting Acquainted: Your Workplace

- Do you work in an organisation that has
- 1. Fewer than 10 employees?
- 2. Between 10 and 50 employees?
- 3. 50 to 100 employees?
- 4. More than 100 employees?

# Getting Acquainted: Your Place in Your Organisation

#### Are you:

- 1. The Head of your organisation?
- 2. A Manager in your organisation?
- 3. In Human Resources?
- 4. In an organisation that helps people find employment?
- 5. Other

#### **Getting Acquainted: Origins**

- 1. Were you born in another country?
- 2. Were your parents or grandparents born in another country?
- 3. Have your ancestors been in Canada since before 1900?

#### **Getting Acquainted: Exclusion**

Think of a time when you didn't feel included.

Did it make you:

- 1. Sad or lonely?
- 2. Angry?
- 3. Lose confidence in yourself?
- 4. Excited about the challenge?
- 5. Defiant?

#### **Canadian Corporations**

When it comes to diversity, Canadian companies are...

- 1. Ahead of the global curve
- 2. Confident, competent and up-to-speed
- 3. Complacent or confused
- 4. Underachieving their potential
- Distracted or in denial

#### **Canadian Businesses**

In a survey of 833 Canadian companies:

- 87% have a multicultural workforce
- 38% are using that advantage

#### According to Statistics Canada:

- 24% of visible minorities feel "out of place"
- 56% that experience discrimination do so at work

#### **Obstacles to Diversity**

What most impedes diversity in the workplace?

- 1. Bias
- 2. Busyness
- 3. Fear of the unfamiliar
- 4. Cost
- 5. Carelessness

#### **Your Organisation**

Is your organisation diverse?

- 1. What percentage of your **management** are immigrants?
- 2. What percentage of the **employees** in your organisation are immigrants?
- 3. What percentage of the employees in your own work unit are immigrants?

#### What organisations can do

- Minimise the implemented solution to a few targeted initiatives
  - Managers should set clear and reasonable goals around inclusion
- Develop policies and practices that promote inclusivity, eg, soliciting check-ins or opinions from every employee
- Screen without names
- Reward positive behaviours: emphasise inclusion 'bright spots' within the organisation

#### **Cultural and Diversity Intelligence**

#### Low CQ:

- Unaware of the key features and biases of own culture
- Feels threatened or uneasy when interacting with people who are culturally different
- Does not recognise one's own cultural orientation is influencing their behaviour
- Unable to adjust to living and working in another culture

#### DQ:

 Recognises that individual differences should be respected and celebrated rather than simply tolerated

#### **Diversity Intelligence**

#### Three pillars:

- Learning and unlearning
- Relationship building
- Understanding change patterns

#### Starting essentials

For individuals to change their behaviour:

- Self-awareness
- Self-management
- Empathy
- Conflict management skills

For learning and unlearning:

- Compassion
- Patience

#### What individuals can do

- Compassion is necessary for real inclusion
- Be mindful: catch yourself in the act
- Reflect
- Train your reactions to eliminate bias
- Be forgiving with the self and others when mistakes are made. Try to form supportive and generous relationships
- Be a mentor

## **Changing**

Change depends not only on the choices individuals make but also on the pressures of the environment in which they live.

#### **Leading Change: Keys for Success**

- Demonstrated, sustained leadership commitment
  - Be determined
  - Remain informed
- Financial investment
- Managers' buy-in
- Assistance from experts
- Vision Keepers and Change Managers
- Continuity and follow through
- Accountability

#### **Session Outcome Exercise**

Having participated in this session on inclusion, are you...

- 1. An expert?
- 2. An explorer?
- 3. A dabbler?
- 4. A part-time promoter?
- 5. A sceptic?